Contents

Chairman's Report ........................................................................................................2
Chief Executive's Report ............................................................................................5
Pastoral Care ...............................................................................................................7
AGM ............................................................................................................................9
The Adelaide Hospital Society ..................................................................................10
The Adelaide Hospital Society Health Policy Initiative .........................................11
Fettercairn Community Health Project ..................................................................13
The Appeal for the Palliative Care Unit ....................................................................15
The Adelaide Hospital Nurses' League 2011 .........................................................17
The National Centre For Arts and Health, Tallaght Hospital ...............................18
The Adelaide Hospital Society Officers of the Board ............................................21
The Adelaide Hospital Society Members ..................................................................23
The Adelaide Hospital Society Subscribers ............................................................26
Membership Application Form ................................................................................31
Bequest Form ...........................................................................................................32
Chairman’s Report

Tallaght hospital: the beginning of an era of dialogue?

The Adelaide and Meath Hospital incorporating the National Children’s Hospital was so named to reflect the proud histories of the founding institutions. Now, common usage has been accepted and the day-to-day name has become Tallaght Hospital. This is symbolic in several ways: most importantly it properly acknowledges the community that we serve. But some have asked if this is also symbolic of a distancing of the Hospital from its roots. Personally, I think not, but it is timely, in a period of rapid change, to reflect a little on the future of the Society and indeed the Hospital.

The “winning” of the independent, voluntary nature of Tallaght through its Charter has sometimes been viewed as a pyrrhic victory. Whether it be coincidence or not, our relationships with Ministers Cowan and Harney seemed to be characterized by aggression and confrontation. If ever the Society put its head above the parapet to question dictats, this seemed to be used as a reason to demonize a Hospital that was struggling to cope with a move that was both precipitate and under-resourced by €6 million. A succession of CEOs and a plethora of temporary or acting appointments in managerial positions did not help. And yet several Society members who also served on the Board of the Hospital were perplexed—presumably neither our patients, nor the Minister, nor the HSE, nor the Board wanted long waits and trolleys in the Accident and Emergency department, so what would have been wrong with engaging with the Hospital in problem solving mode? Some felt that it was because it would have meant acknowledging and taking responsibility for the fact that the problem cannot be dealt with solely by improving processes within the Hospital. This is not complicated - if more water comes into a tank than can leave it, it overflows.

By 2008, the Board of the Hospital was firmly of the view that it was time to review its size, skill mix and methods of governance in line with modern concepts. This was reflected in the report that it commissioned from PricewaterhouseCooper; this was criticized as being a rather superficial PowerPoint presentation rather than a formal report but nevertheless it reflected the expressed views of the Board and senior management. After some delay a smaller Transitional Board was put in place that has now, with help from Minister Reilly, been replaced by an Interim Board of 9 members with the senior management team in attendance. The Society’s representation has been reduced to one, as has that of the Meath and National Children’s Hospital. Attention has been paid to ensuring a balanced mix of skills. It is notable that these changes have been effected by means of Byelaws rather than the much slower route of legal reform of the Charter espoused by the previous Chair of the Board of the Hospital, Lyndon MacCann and his advisor William McKee. Indeed the Charter, while making the Board’s responsibility to ensure effective management clear, is not prescriptive about models of Governance, allowing flexibility to move with the times.

Achievements during the tenure of the 2008-2011 Board of the Hospital included the approval of the Collaborative Agreement that allowed Trinity Health Ireland, referred to below, to go ahead, and the appointment of Eilish Hardiman as CEO. Ms Hardiman’s appointment is warmly welcomed; many Board members had felt that there was less of a problem in making decisions than in having them implemented and this aspect of management has clearly improved.

Your President and Chair, singly or together, have met with the President of the Hospital Archbishop Michael Jackson, the Chair of the new Board Sir Keith Pearson, and C.E.O. Eilish Hardiman. We felt that the Society needed to know if the Church of Ireland remained committed to its role in Irish health care and whether the Hospital values the input from the Society or not. In general we were given assurances on both fronts. We also lobbied strongly for a submission to be made regarding the National Paediatric Hospital and maternity services.
It was made clear to us that many simply do not understand the archaic language of the Charter, nor the relative ease with which it can be updated to reflect modern principles of governance. We have undertaken to prepare a position paper on these issues. It may also be appropriate, in consultation with the Church of Ireland, to emphasize the inclusivity of the Charter by focusing more clearly on the needs of the deprived and dispossessed of any background or belief.

During these discussions we also stressed our belief that it would be timely for the Hospital to invite the founding bodies to integrate their activities more closely, especially with regard to a unified Tallaght Hospital approach to fundraising but later with regard to harmonizing our strategic plans. Indeed the Society first mooted this nearly a decade ago, but perhaps the timing is better now.

So, what of the future of the Society? Broadly speaking, the Society has two main options that are not mutually exclusive-

1. It can continue to support the Hospital through fund raising, scholarships, bursaries, support for new and enhanced services, capital grants and community health initiatives. Many of these are outlined in the Chief Executive’s report. Others in recent times have included support for women’s health, Rheumatology and the Cardiac Risk in Young Persons Unit. Such support can continue indefinitely provided that (a) the Society continues to invest its funds wisely to ensure a permanent income stream and does not use them to pay off hospital debts, and (b) the members feel wanted and cherished by the Hospital. If not, the prevailing feeling would seem to be to invest our energies and funds in other areas.

2. The Society may decide to develop its Adelaide Health Policy Initiative. Major contributions to date include driving Government policy on Universal Health Insurance, researching the financial implications in translating theory into reality, publishing seminal work on health inequalities and developing new paradigms for health care based on public and patient involvement. These concepts are compatible with interpreting the Charter as supporting the vision of a Hospital that champions the disadvantaged regardless of background or belief.

This aspect of the Society’s work has been developing strongly. Fergus O’Ferrall has been appointed by Minister Reilly to join the Implementation Group on Universal Health Insurance. A dynamic work plan for 2012 has been developed and our new Lecturer, Catherine Darker, has made a flying start as outlined in the Adelaide Health Policy Initiative report.

A major development of this option would signal a fundamental shift in the focus of the Society from a supporter of a single Hospital to a body that would seek to assemble national and international expertise to support and advise on Government policy at national and international level, and indeed these issues have been the subjects of considerable debate.

Thus, the Society has options. It is too early to make final decisions about these, but the matter will be kept under continuous review.

Several recent developments give cause for some optimism with regard to more constructive relationships between the Hospital, its partner St James’s, and the Ministry for Health and the HSE-

• Under the Chairmanship of Sir Gordon Duff, Trinity College, Tallaght Hospital and St James’s Hospital signed a Collaborative Agreement with regard to the development of the Academic Medical Centre, Trinity Health Ireland. This is widely regarded as critical to the future of the Trinity Medical School. Its success will hinge on the acceptance of the concept of true partnership rather than dominance by any one party. How this will relate to Minister Reilly’s concept of Hospital networks remains to be seen but integration of the two constructs should be possible.

• The Hospital, in partnership with the South Dublin County Council has made a powerful submission for the National Paediatric Hospital and maternity services to be sited at Tallaght - this fulfills the criterion of tri-location; ample land is available; and access is not an issue. Last time round, support from Trinity was lukewarm at best. This time, support from Trinity, St James’s and the Coombe would do more to secure the future of Trinity Health Ireland than any other single action.

There is more to be done for the Hospital and the Society to realize their full potential. No other hospital has our skill mix in terms of clinical care, academic primary care, population science, risk estimation and health policy. But these strengths need further integration if we are to relate to and serve our community better as well as health care nationally and internationally.

Ian M Graham FRCPI, FESC, FTCD,
Chairman
2011 saw some changes to leadership roles in the Adelaide Hospital Society. At the AGM on 31st May 2011 Mrs Rosemary French was installed as President of the Society, taking over from Professor Ian Graham who had served for 10 years. In accepting the role, Mrs French paid tribute to Professor Graham for his inspirational leadership, commitment and dedication to both the Society and the Hospital.

There were changes also to the Chair and Treasurer roles with Professor Ian Graham taking the role of Chairman of the Society and Mr Peter Kemp the role of Honorary Treasurer. Ms Gillian Rutli, outgoing Chair, gave dedicated service to the Society Board of Governors and to the Hospital Board during some very difficult and challenging times. Mr Alan Collum served as Honorary Treasurer of the Society for seven years. His wisdom and expertise has helped to ensure that the Society continues to be able to support financially the advancement of healthcare both in the Hospital and in the wider health policy field. Both Gillian and Alan remain as members of the Board of Governors and we look forward to continuing to have the benefit of their advice and expertise into the future.

The Adelaide School of Nursing

In 2011 801 applicants placed the Adelaide School of Nursing code on their CAO form; approximately 400 of those completed the Application Form and 153 were called for interview. A list of 148 nominees was drawn up and from this list the CAO offered places in the Adelaide School of Nursing. 35 students, including 4 mature, were admitted to the Adelaide School of Nursing in September 2011.

The Society appreciates very much the generous commitment of time given by all involved in the interviews – the Chairs of panels, the nurse professional interviewers and those who coordinate and administer the entire application and interview process.

The Board of the Adelaide School of Nursing is currently considering the interview process in light of the results of the five-year research study commissioned by the Society A study to determine whether mode of selection influences attrition rate, academic success, clinical competence, career intentions, perceptions of nursing and professional attitudes of nursing students by Ms Mary Mooney and Dr Michele Glacken. We hope to conclude deliberations and make a decision on how we proceed into the future with our responsibility to nominate candidates for the Adelaide School of Nursing.

Scholarships and Bursaries

The Hannah McDowall Scholarship 2011 was awarded to student nurse Lisa Kirwan for her very distinguished performance in her first year TCD examinations. Lisa is currently in Year 2 of the BSc Nursing Degree (Children’s and General Integrated) and we wish her continued success in her studies. The Scholarship is valued at €1900 and is in honour of Staff Nurse Hannah McDowall (1975-2002). It is presented each year at the Society’s AGM.

In 2011 the following nursing Scholarships were awarded: (the scholarship programme is open to nurses on the staff of the Hospital or nurse lecturers in TCD)

The Eileen Mansfield Scholarship (1) Ms Soniya Sivaji
A quantitative descriptive study of quality of life of patients on haemodialysis and haemodilfiltration
The Eileen Mansfield Scholarship (2) Dr Honor Nicoll & Ms Orla Callendar
A retrospective review of the nursing observations recorded on children in the first hour following their arrival at the Children’s Emergency Department, Tallaght Hospital

The Dorothy & David Mitchell Scholarship Ms Phillipa Ryan Withero & Ms Áine Lynch
To evaluate the impact of NIQA on Tallaght Hospital nursing leadership roles

The Caroline Sharkey Scholarship Ms Cathy McHale
“Postgraduate Diploma in Statics

Bursaries
Bursaries to the value of €50,000 were paid in 2011 to 12 new and 17 continuing student nurses. These bursaries are often the difference between a student being able to take up a place in the Adelaide School of Nursing or not.

The Nursing Development Fund was wound up in 2011, all of the funds having been depleted. However, the Society is committed to supporting our student nurses and nurses on the staff of Tallaght Hospital and we will continue to operate the Bursary and Scholarship Programmes from the Society’s voluntary funds. Donations towards these crucial programmes are very welcome.

New Initiatives Scheme
The following grants were awarded to Hospital Departments in 2011 to a total of €13,010

‘Development of a Fiberoptic Endoscopic Evaluation of Swallowing (FEES) Service at Tallaght Hospital
Speech & Language Therapy Department

Project to investigate the enhancement of the TEAMS System by integrating existing average length of stay figures’
ICT Department

Community Health Initiative Scheme
In 2010 the Voluntary Services Development Committee recommended to the Board of the Society that the Community Health Initiative Scheme be set up. This scheme aims to offer a grant or grants (up to a total of €5000) to local community healthcare organisations in the Dublin 24 postal area that provide a service or supports within the healthcare field.

2011 was the first year of the CHIS and a grant of €5,000 was awarded to the Fettercairn Community Health Project. A report on how Fettercairn used this funding is elsewhere in this Annual Report.

It is hoped that, in addition to benefitting the local community, the CHIS will help to forge closer links between the Society, the Hospital and the local community.

As you read through the Annual Report 2011 you will be aware of the range of activities of the Society in the Hospital, the community and nationally in the health policy field. It is only with the help and support of you, our members and supporters, that we can continue to pursue our goal of advancing healthcare and we thank you for your support.

Please do contact us if you have any suggestions or comments, we are always glad to hear from you. Our contact details can be found on the back page.

Best wishes,
Róisín Whiting
Pastoral Care

Volunteers

The pastoral care department has over 60 men and women actively involved in our volunteer programme, working to fulfil the hospital’s vision, mission and values. Volunteers enhance the services and complement the care provided by our professionals.

Our volunteers represent diverse cultures, age groups, abilities, and life experience. Some are looking ahead to future careers in healthcare, others are looking back over the rich experiences that have equipped them for their role as volunteers. Whatever their backgrounds, all of our volunteers are working to enhance the quality of care offered in our hospital. Our volunteers are truly people helping people. The volunteers bring energy, talent, creativity, dedication and enthusiasm. They develop new skills within a health care setting through training and through facilitated reflective sharing on their experiences. Their new skills help increase personal growth and build self-confidence. The volunteers develop work ethics, communication and team work skills and interact and learn with peers. Our volunteers include: Pastoral Visitors who assist with the emotional and spiritual support to our patients. The pastoral visitors meet monthly for pastoral supervision with the Rev. Donald Rodgers and each year they have a reflective day away. The Ministers of the Eucharist who bring Holy Communion to our patients three days a week, and assist when needed at worship services and special events. They are assisted by various chaplains for group and personal support in their ministry at the hospital. The hospital staff who volunteer for our bi-monthly Service of Light for bereaved families cannot be forgotten as they play a vital support role. All volunteers are interviewed by the hospital volunteer manager and past care department staff. (If you would like to join our volunteering programme please contact: john.kelly@amnch.ie or ph 4142482)

Farewell, Thank You and Welcome.

During the year we said farewell to Sr. Jennie O Connell and Fr. Michael Browne. Both Jennie and Michael have been members of the team for the past seven years and
they made a significant contribution to the care offered to patients, staff and families. We wish them well as they take up new roles for their respective communities.

Our sincere thanks goes to Mr. Dave Willow, who since the hospital opened has been Director of Allied Health Professions. Pastoral Care has been part of Dave’s portfolio and over the years in Dave’s own unique and quiet way he has offered support and has taken a personal interest in the care of each chaplain. For his guidance and constant presence over the past 13 years we say thank you Dave and wish you well in your new role within the hospital.

We welcome two new chaplains to our team, Ms. Sally Phalan and Mr. Cathal O Sullivan. Both Sally and Cathal have recently qualified in Healthcare Chaplaincy and we wish them well in their roles as members of the pastoral care team.

John Kelly
Pastoral Care

Mrs. Beatrice Somerville Large
1913 – 2012

We are very sad to record the death of Mrs. Beatrice Somerville Large, Vice-President of the Adelaide Hospital Society, on 7th April, 2012. Mrs. Somerville Large, known to us all as Sammy, joined the Adelaide Hospital Board in the late 1960s and was, in 1973, the first lady Chairperson. She remained closely involved in all Hospital matters over the next thirty years as the Adelaide evolved into its new role in Tallaght. At her Memorial Service in April we learnt of all her many interests and it is truly amazing how she managed to share her life with so many. We all have our special memories but her wisdom shared in a few succinct words at meetings helped us to keep what is important - the needs of our patients - at the centre. She was very committed to the College of Nursing and the needs and welfare of our nurses was very close to her heart. We have memories of her arriving into the hospital with buckets of flowers and greenery from her garden and then creating the most wonderful arrangements for special events. We have memories of her at Summer Sales, Christmas Bazaars, Canteen Sales, Garden Parties, laden with her beautiful handiwork especially her hand embroidered cushions, aprons, and her exquisite shell pictures, through which she raised so much money to enhance the care of our patients. We thank her family, especially Faith, for sharing her with us, and assure them that we will cherish our memories and strive to follow her example into the future.

Gifts In Memorium

Donations In Memory Of The Following Were Received In 2011:

Mr Jack Gavin
Canon Eric Despard
Mr & Mrs Fanny & Wally Winn
AGM 2011

Gillian Ruflí presenting the Annual Report

Rosemary French

Alan McCollum, outgoing Hon Treasurer

Sinead Hegarty receiving the Hannah McDowall Scholarship from Yvonne Seville

Ian Graham and Rosemary French, outgoing and incoming Presidents

Members of the Pastoral Care Team

Catherine Heaney, Triona Murphy, Cathy Purdy Fitzgerald

Rainsford Hendy, Roisin Whiting, Michael Knatchbull, Shirley Bewley

Valerie King, Catherine MacDaid, Janet Cooke
The Adelaide Hospital Society

The Society, as a voluntary charitable organisation, supports Tallaght Hospital, Dublin 24 evoking public support throughout Ireland for this public voluntary teaching hospital, which provides the highest quality of healthcare especially for the poor of every denomination and which fosters an inclusive approach to medical practice, treating each patient as they would wish. The Society provides a means for participation for members of the Protestant Churches in the Irish health services and welcomes support from all who value the voluntary tradition of the Society’s commitment to healthcare since 1839.

The Adelaide Hospital Society is incorporated as a limited liability company (No. 224404) and is a recognised charity (Charity No: 11153), with its registered office at Tallaght Hospital, Tallaght, Dublin 24. The Society is composed of Life and Annual Governors and of Members and is managed by a Board appointed from amongst the Governors. The Governors are appointed from the membership of the Society, which is open to all who wish to support the work of the Society. Members pay an annual subscription to the Society.
The past year has proved a very fruitful one for the Adelaide Health Policy Initiative (APHI) established in 2009 in conjunction with the Department of Public Health & Primary Care, Trinity College, Dublin. The broad themes identified to be addressed by the APHI were the reform of the financing and resource allocation in the Irish health system, the promotion of better chronic disease management, tackling health inequalities, and analysing public and patient involvement in healthcare. As outlined below considerable progress has been made under each theme. However, the next phase promises to make even more substantial advances in research, policy development and advocacy due to the appointment of Dr. Catherine Darker in January, 2012 to the post of Adelaide Lecturer in Health Services Research within the Department of Public Health & Primary Care. Dr. Darker has extensive experience in primary care and an impressive record in research and publication including studies relating to chronic disease management in primary care. She joins Dr. Fergus O’Ferrall who has served as Adelaide Lecturer in Health Policy since 2009.

Health Reform – Implementation of Universal Health Insurance

2011 may be seen in historical terms as a very significant turning point in Irish health policy and in ending the ‘two-tier’ system. The Adelaide Hospital Society has led the way in proposing the introduction of universal health insurance as a means of reforming the current highly inequitable and dysfunctional funding system. In a series of independently researched reports since 2006 culminating in a Report on Stakeholder Views and Values in respect of universal health insurance in Ireland completed in 2011 the evidence-base and policy proposals were provided for the incoming Government in March, 2011. The outcomes of this latest Report were presented to the new Minister for Health at a specially arranged meeting. The Programme for National Recovery 2011-2016 – the new Government’s programme commits to the introduction of universal health insurance and the ending of the ‘two-tier’ system for the first time in the history of the State. In February, 2012 the Government established a high-level Implementation Group on Universal Health Insurance to oversee the complex transition to universal health insurance. Dr. Fergus O’Ferrall was appointed by the Government to this key mechanism to ensure implementation of the Government programme. This represents recognition of the role played by the Adelaide Hospital Society in this historic process of reform and change.

Health Inequalities

APHI was instrumental in establishing a high-level Health Inequalities Advisory Group under the auspices of TASC- the independent think-tank- and chaired by Professor Joe Barry, Professor of Population Health. This Group produced a land-mark Report Eliminating Health Inequalities A Matter of Life and Death published in June, 2011.
This Report will be considered at a meeting of the Oireachtas Health Committee later in 2012 and will inform emerging policy such as the Government’s new Public Health Policy for a healthier Ireland to be published this year. Submissions were made to this policy process by AHPI and TASC.

Major Conference: March, 2012

The Adelaide Hospital Society, in conjunction with TASC and the Jesuit Centre for Faith and Justice, organised a major Public Conference in the Croke Park Conference Centre on 8 March, 2012 on the theme ‘Health Service Reform- The Government’s First Year: What Progress? The Conference attracted over 160 participants and was addressed by the Minister for Health, Dr. James Reilly, TD., Ms Roisin Shortall, TD., Minister of State for Primary Care, Professor Richard Layte, ESRI, Dr. Steve Thomas, Trinity College, Dublin, Dr. Catherine Darker, Mr. Liam Woods, HSE National Director of Finance, Dr. Brid Hollywood, Ballymun Family Practice, Ms Louise O’Reilly, SIPTU, Ms Sinead Pentony, TASC, Dr. Tony Holohan, Chief Medical Officer, Department of Health, and Dr. Kieke Okma, Professor of Health Policy, New York University and an expert in health systems reform. The Conference was most successful in engaging a wide range of stakeholders and interested organisations in the reform process now underway. The contributions of the speakers are on www.adelaide.ie. - the Society’s website.

Input into Policy Debate

Dr. Fergus O’Ferrall was invited to address a number of key seminars and conferences. He gave a paper to the 8th National Health Summit, ‘Redesigning Ireland’s Health Service’ on 16 February, 2012 on the topic ‘Is Ireland ready for Universal Health Insurance & Can we afford it?’ He also spoke at the Amnesty Seminar on delivering the right to health in the National Gallery of Ireland on 19 January, 2012 as well as at other forums during 2011. He published a number of articles in a range of journals such as ‘The Reform Challenges in Irish Healthcare’ in Studies An Irish Quarterly Vol.100 No 398 Summer, 2011. The purpose of such inputs is to increase awareness of amongst those in the public service and generally of the issues and how they may be addressed in an evidenced-based fashion. He also serves on the Board of IPPOSI the Irish Platform for Patients’ Organisations, Science and Industry.

AHS Health Policy Advisory Board

This consultative body composed of a wide range of health policy experts, health professionals and lay members meets twice a year for detailed consideration of key themes or issues. The last Board was devoted to primary care reform and was addressed by Ms Róisín Shortall, TD, Minister for Primary Care. Other Board meetings have considered chronic disease management and other major health policy concerns. The AHS Health Policy Board represents the Society’s strong commitment to building partnerships to achieve better healthcare outcomes. Hence, we work with TASC, ESRI, Institute of Public Health, Jesuit Centre for Faith & Justice, Social Justice Ireland, The Wheel, Amnesty Ireland, and other key organisations.

The Next Phase

The next phase of the AHPI is now underway in the three year work plan approved by the Board of Governors to 2015. The considerable investment made by the Society is paying off in terms that will benefit every patient in the future. The Society and its members may take pride in the national impact being made by its contribution to health policy research, policy development and advocacy.
The fundamental aim of the Fettercairn Community Health Project is “To create an affordable, accessible, inclusive community led Health Project for the people of Fettercairn which is friendly, warm and safe.”

Our guiding principles are:

- Confidentiality
- Participation
- Informed by local needs
- Non-discriminatory
- Non-judgmental
- Influencing the whole community
- Promoting the well-being of the whole person
- Building a sense of community
- Accountability to the local community

Background to the Fettercairn Community Health Project

The idea of a Community Health Project in Fettercairn developed in response to the evident interest and enthusiasm of local residents to a Family Health Day held in 2003 and 2004 as part of the Fettercairn Summer Festival. The Project received a grant from the Kathryn Howard Foundation to train local people to do a health needs analysis using PRA (Participatory Rapid Appraisal) methods and techniques. PRA is a community development approach to research and it is about the community taking real ownership of the research. Nine local residents completed the training, a number of which received a FETAC Award in this approach to community research.

The research showed that local people want a healthy and safe place to live. This led to the publication of the research study findings entitled “Taking the First Steps to a Healthier Fettercairn” (September 2007) by Fettercairn Community Health Project (FCHP) with support from Community Action Network (CAN).

The Project was accepted onto Combat Poverty’s ‘Building Healthy Communities Programme’ and received substantial funding through this programme. The project also received funding from the HSE through the RAPID Health Capital Fund to develop a health space in Fettercairn Community Centre which opened its doors in July 2008. The Fettercairn Community Health Project was also successful in securing funding from the Dormant Account Fund for a Community Health Worker.

In 2011 we were awarded €5,000 from the Adelaide Hospital Society under the Community Health Initiatives Scheme.

This funding was divided to support the Project in three distinct areas:
Mind, Body & Spirit Programmes

We have run four of these courses as a way to identify stress, what it does to the individual, tools to cope and also to raise awareness about health on various levels, physical, mental, and emotional. To date approximately 30 individuals have attended this course. The funding from the Society helped to run additional courses in 2011 and 2012.

Ante-Natal Classes for Young-Parents-To-Be

The Project works collaboratively with the midwives from the Coombe Women and Infants University Hospital, Community Worker with the HSE, Tallaght Youth Service and Primary Care Public Health Nurses to provide an ante-natal programme specifically aimed at 13 to 20 year olds as this age group are slow to engage with mainstream ante-natal classes. The Fettercairn Community Health Project is responsible for the coordination of the programme and is the point of contact for the participants as well as the referral process. To date we have successfully engaged with over 40 young women and their families and partners through this programme. The funding from the Society allowed us to purchase much needed storage units to store the equipment required for the classes.

Promotion of the Project

The remaining funding has been used to promote and advertise the work of the FCHP and in the printing of our 3-year report which will be launched this year.

The Fettercairn Community Health Project has developed close links with the Adelaide Hospital Society over the last few years and Triona Murphy (Hon Sec of the Society) sits on our Board of Management. We were delighted to have secured funding from the Society under the Community Health Initiative Scheme and commend the Society for its support of community projects.

Closer links between Fettercairn and Tallaght Hospital into the future:

Chronic Conditions Self Management Programme

The Self-Management Programme has been running from the Hospital and is now looking to broaden its scope and access by locating within the community. FCHP successfully nominated the Community Health Worker to train as a Master Trainer in the Chronic Conditions Self-Management Programme. This now means that more group leaders can be trained by the Community Health Worker on an ongoing basis to deliver the CCSMP across the community.

Catherine Heaney
Community Health Worker
Fettercairn Community Health Project

Cathy Purdy Fitzgerald
Chairperson, Board of Management
Fettercairn Community Health Project
The Appeal for the Palliative Care Unit Tallaght Hospital 2009-2012 has raised €75,000 so far....

Some of the good things that happen in Tallaght Hospital are quiet and unobtrusive....

The Adelaide Hospital Society Appeal has funded the provision of Complementary Therapies to patients of the Hospital’s palliative care service since 2009. Over 400 patients have benefitted – some from just one session, most from several. These patients are under particularly difficult pressures; they live with severe illness and face great uncertainty and change, at times they may feel beyond the help of medicine. For them the extra “something” that complementary therapies bring is a valuable addition to the more conventional hospital services.

Staff too greatly appreciate being able to offer something extra, a palpable expression of care and compassion, to their most vulnerable patients.

We thank you most sincerely for your generosity and support. It has made a real difference.

Dr Stephen Higgins
Consultant in Palliative Medicine
Tallaght Hospital
The Annual General Meeting of the League was held in the Dunraven Arms Hotel, Adare, Co. Limerick on Saturday 8th October. We had a very successful day (and weekend) and many of those who attended expressed their appreciation at the choice of venue and the attention given to us by the staff. As always on occasions like this, it was an opportunity to get together and reminisce and much of the chat went on late into the night. Thank you to the committee for the organising of this event.

On 5th May a number of our members from Ireland attended the London Branch Lunch in the Sloane Club and renewed old friendships. Thank you to Lorraine Dixon, secretary of the London Branch who organises this event.

The members have agreed that for the next 3 years we will fund the Margaret Dornan Scholarship for nurses in their final year. This fund comes from a bequest left to the League by the former Matron of the Adelaide Hospital. The small investment no longer generates income and we are grateful to the Adelaide Hospital Society and Trinity College for facilitating the disbursement of the remaining funds for the three-year period.

The Benevolent Fund continues to support and assist our members when needed and the committee, who undertake this work in the strictest confidence, are to be thanked for their continued good work in distributing this fund.

The Annual General Meeting for 2012 is to be held in Dublin this year. It will take place in Fitzpatrick’s Castle Hotel, Killiney on Saturday 13th October and we look forward to seeing as many of our members as possible there.

Denise Pierpoint
President
The National Centre for Arts and Health exists to improve patient care and to promote the benefits of the arts in health. Situated in the Hospital, the Centre aims to improve the hospital experience for patients, to explore the therapeutic potential of the arts, to build positive links with the local community and to make the arts accessible to patients who cannot access traditional arts venues.

The current arts programme includes exhibitions, live performances, creative writing classes, arts therapies, design projects and participatory art sessions on wards and in waiting rooms. The art programme is free for everyone attending the hospital and all art programmes are tailored to the needs of individual patients and clinical departments. We currently have a team of 30 professional artists, musicians and writers visiting the hospital and 25 arts sessions for patients every week.

**Following is a snapshot of some of our 2011 activities.**

**Art In The National Children’s Hospital**

In 2011 we increased the number of Create while you Wait art sessions in the A&E waiting room, OPD waiting areas and to in-patients. Ms Aimee O’Neill now supervises 11 professional artists who volunteer their time at the hospital, as well as offering art therapy individual sessions to children at the bedside and with specialised clinics. Art volunteers receive training and support to gain experience in the field of arts and health work. An example of the art therapy work is Aimee’s sessions with an eight year old boy called Jamie who was an in-patient all summer with a broken leg. During that entire time he was in traction and confined to his bed. Jamie had a fantastic imagination and really looked forward to the art sessions each week. Aimee and Jamie spent time converting his bed into a magical pirate ship and also decorating it with his many creations such as aliens, turtles, monsters etc.
Some Quotes from parents with children in the NCH.

—Ava arrived at A&E sleepy and poorly but when the session started she got involved and seemed to become more alert

—The session entertained the children … thus alleviating any anxiety they had

—It was fantastic, child was not thinking of pain, just enjoyed doing the art

—(The art) distracted the sister of the patient from the unexpected trauma she had witnessed and gave her something to do while waiting … just normalised her day as there was something familiar- arts and craft.

Composer in residence in the Stroke Service

“Bewitched” By Ian Wilson

A Composition in Residence in the Stroke Service

In 2010, the National Centre for Arts and Health hosted an exciting new residency funded by The Arts Council of Ireland. Ian Wilson was Composer in Residence in the stroke unit for three months working with the Irish Chamber Orchestra. Wilson wrote a new work based on the experiences of patients with stroke and staff in the unit. The final work is entitled ‘Bewitched’. Patients and staff in the Age Related Health Care Unit were crucial to developing this new work. The work was first performed in the Hospital on Wednesday November 24th 2010 to great acclaim and the project was awarded the Arts Council Touring Award to tour this innovative performance to four diverse venues in 2011/2012.

Art Therapy and the Rheumatology Department – The Creativity and Wellness Group

Following a number of successful arts initiatives between the Rheumatology department and the National Centre for Arts and Health, we developed a specific art therapy programme for patients from this department. The ten week art therapy course was offered at RUA RED arts centre, as a community-based support for people living with arthritis and was facilitated by Aimee O’Neill.

Art therapy is a form of psychotherapy in which art materials are used for self-expression and reflection in the presence of a professionally trained art therapist. Art therapy uses
a creative medium to allow an additional and alternative way for clients to understand their life experiences. This small supportive art therapy group offered a confidential space where feelings could be expressed and explored at each participant’s pace. The aims of the art therapy group included fostering self-expression, improving self acceptance and self esteem, reducing stress and enhancing adaptive coping skills.

**Arts and The Age Related Day Hospital**

There is a long standing programme of arts in the Age Related Health Care Unit. Artists and musicians support the work of the Charlie O’Toole Day Hospital, providing sessions every day of the week. Due to a generous donation in 2011 we were able to commission Deirdre Glenfield, Visual Artist, to create a work with patients in the day hospital. This work will be on permanent exhibition in the department. This work is based around memories of the 1950s and 1960s. We thank Teresa Quinn CNM and the staff in the Day Hospital for their support of this project.

**Art and Dementia**

In 2011 Lucia Barnes was Artist in Residence for a project with patients with dementia and their family carers. The Adelaide Hospital Society kindly funded this project through its New Initiatives Scheme. Patients from the Charlie O’Toole Day Hospital and family Carers participated in a weekly art group from February 2011. Part of the art process involved using brain scans to create original artwork, thus transforming and working with the scans which form part of the diagnosis of dementia. The final results of both parts of the project were exhibited in RUA RED Arts Centre in December 2011. We collaborated with The Carers Association in this project.

This above is just a small ‘taster’ of the Arts Programme in the Hospital in 2011 – other notable projects are Art in the Oncology & Haematology Service, Art and Mental Health, Art and the Renal Dialysis Unit as well as exhibitions, a film festival, music sessions in Ruttle Ward and in the Atrium, the hosting of a major international conference and ongoing research, evaluation and training.


Hilary Moss
Director for Arts & Health
Tallaght Hospital
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Hon Treasurer: Mr Peter Kemp

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The Rev Ivan Patterson, Moderator of the Presbyterian Church of Ireland
The Rev Ian Henderson, President of the Methodist Church in Ireland

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Mueller, Mrs, Caroline
Nally, Mr, Patrick
Nicoll, Ms, Joan
Northridge, Rev Canon, Aubrey H.
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Cloydagh Parish
Dunleekney Parish
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St Michael’s Church, Aghold

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Donegal Parish Church
Donegal Presbyterian Church
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Tilman Brewin Dolphin
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St Mary’s Church, Crumlin
St Paul’s Church, Glenageary
St Thomas’ Church, Mt Merrion
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Meath
Dunboyne Union of Parishes
Kells Union of Parishes

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Co Monaghan L.O.L.
First Ballybay Presbyterian Church
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Offaly
St Brendan’s Parish Church

Roscommon
Ballinlough Church

Sligo
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Rosses Point Church of Ireland
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Skreen Parish Church

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Barr L.O.L. No 189
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St John Baptist Church
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Thornton, Ms Gretchen
Wicklow Parish Church
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Ms M. Wilson

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Mr Andreas McConnell
Mrs Mairead Shields
Prof Patrick Prendergast
Mr Tom O’Higgins
Mr Liam Dowdall
Mr Peter Byrne
Archdeacon David Pierpoint
Professor Richard Reilly

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Ms Eilish Hardiman, Chief Executive
Ms Rachael O’Shea, Director of Finance
Dr Daragh Fahey, Director of Quality
Dr Kevin Brennan, Director of Human Resources
Ms Shirley Comerford, Interim Director of Human Resources
Mr Martin Feeley, Clinical Director
Ms Bridget Egan, Chair of the Medical Board
Ms Ann Donovan, Director of Nursing

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Ms R. Whiting

Administrator
Ms H. Wright
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Bewley, Mrs Shirley
Boyle, Mrs Thea
Carroll, Mr Henry
Chambers, Mrs Judy
Cox, Mr David
Conlon, Prof Kevin
Franck, Mr Stephen
Greene, Mr Richard
Hamilton, Dr Lynda
Hendy, Cllr Rainsford
Henry, Dr Mary
Hoey, Prof Hilary
Ingram, Ms Shirley
Kay, Prof Elaine
Keane, Prof FBV
Kearon, Rev Kenneth
Kemp, Mr Peter
Knatchbull, Mr Michael
Lee, Ms Anna
Love, Ms Joan
MacDaid, Ms Catherine
McCollum, Mr Alan
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Moore, Dr David
Morrow, Ms Sharon
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Murphy, Ms Triona
O’Connor, Dr Gerard
Odlum, Mr Philip
O’Morain, Prof Colm
O’Ferrall, Dr Fergus
Pedlow, Mrs Sue

Pierpoint, Ven David
Prendiville, Prof Walter
Rufli, Ms Gillian
Seville, Miss Yvonne
Sisson, Dr Lynda
Taylor, Ms Noeleen
Vincent, Mr Arthur
Waters, Ms Elizabeth
Wilson, Mrs Marion

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Bleakley, Mr GH
Burry, Mr RD
Cooke, Ms J
Ferguson, Rev GW
Fitzpatrick, Mr D
French, Mrs R
Graham, Prof I
Hewat, Mr JRB
Hinds, Mr R
Jackson, Mrs M
Linney, The Ven GCS
McConnell, Prof D
Myerscough, Mr R
O’Higgins, Mr T
Pasley, Mrs J
Reid, Dr J
Somerville-Large, Mrs B
Stringer, Mr WJ
Tomas, Dr, DE
Tomkin, Prof GH

President’s Committee

President:
Mrs R. French

Members
Prof I. Graham
Ms T. Murphy
Mr P. Kemp
Mr M. Knatchbull
Mrs J. Chambers
Mr R. Greene
Prof D. McConnell
Prof E. Kay
Mrs M. Jackson
Mrs J. Pasley
Mr S. Franck
Ven G. Linney
Mrs M. Wilson
Ms C. MacDaid
Dr F. O’Ferrall
Dr D. Moore
**Executive Board**

Chairperson: Prof. I. Graham

Members

Mrs. R. French  
Ms. T. Murphy  
Mr. P. Kemp  
Ven. G. Linney  
Dr. F. O’Ferrall  
Mr. A. McConnell  
Miss Y. Seville

**Finance & Investment Review Committee**

Chairperson: Mr. P. Kemp

Members

Mr. A. McCollum  
Mr. M. Knatchbull  
Mr. S. Franck  
Mr. P. Odlum

**Voluntary Services Development Committee**

Chairperson: Ms. T. Murphy

Members

Mrs. M. Jackson  
Mr. S. Franck  
Ms. Y. Seville  
Mrs. S. Bewley  
Mrs. J. Chambers  
Mrs. M. Wilson  
Ms. A. Lee

**Board of the Adelaide School of Nursing**

Chairperson: Ms. Y. Seville

Members

Mrs. J. Pasley  
Mrs. R. French  
Ms. T. Murphy  
Mrs. M. Jackson  
Ms. S. Ingram  
Ms. N. Taylor  
Dr. C. McCabe  
Ms. K. Farrar

**Adelaide Health Policy Advisory Board**

Chairperson: Prof. I. Graham

Members

Dr. D. Moore  
Prof. J. Barry  
Mrs. R. French  
Mrs. M. Jackson  
Mr. R. Greene  
Ms. T. Murphy  
Ms. A. Lee  
Prof. R. Layte  
Dr. D. De La Harpe  
Dr. R. Barrington  
Dr. D. O’Reilly  
Prof. C. Normand  
Ms. M. Burns  
Ms. C. MacDaid  
Dr. L. Hamilton  
Dr. F. O’Ferrall  
Dr. C. Darker
Membership Application From

Please return to: Roisin Whiting, Chief Executive, The Adelaide Hospital Society, The Adelaide & Meath Hospital, Tallaght, Dublin 24.

I/We wish to join the Adelaide Hospital Society.
Use BLOCK CAPITALS please.

NAME: ____________________________________________
Rev/Dr/Mr/Mrs/Ms (please indicate)

ADDRESS: ____________________________________________

Tel: ___________________________ Email: ____________________________

Membership Subscription Rates

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Rate (€)</th>
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<tr>
<td>Individual Membership</td>
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<tr>
<td>Family Membership</td>
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<tr>
<td>Clergy/Adelaide Nurses' League</td>
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<td>Student/Unwaged</td>
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<tr>
<td>Group/Parish Membership</td>
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</table>

OPTION A: I wish to pay by: (tick one box)

- Cheque
- Postal Order (made payable to Adelaide Hospital Society)

Please enclose payment for Option A

OPTION B: I wish to pay by credit card: (tick one box)

- Mastercard
- Visa

Please complete the details as follows:

- Amount to be paid €___________
- Card Expiry Date ___________
- Card Number ___________

OPTION C: Payment by Direct Debit. (for those who hold a bank account in the Republic of Ireland) Originator 301197

1. Please write the full postal address of your Bank here: (Block Capitals)

To: Bank _______________________________________________________________________________________
Address _______________________________________________________________________________________

2. Name of Account holder ____________________________________________

3. Account Number ___________

Bank Sort Code ___________

4. Your instruction to the bank and signature

- I instruct you to pay Direct Debits from my account at the request of The Adelaide Hospital Society
- The amounts are variable and may be debited on various dates
- I understand that The Adelaide Hospital Society may change the amount and dates only after giving me prior notice
- I will inform the Bank in writing if I wish to cancel the instruction
- I understand that if any Direct Debit is paid which breaks the terms of instruction, the Bank will make a refund.

Signature(s) ___________________________ Date ___________________________

Annual Report 2011
Form of Bequest to the Adelaide Hospital Society of Personal Property

I bequeath to the Adelaide Hospital Society in Dublin, for its use the Sum of € _____________ to be paid out of my personal estate; and I declare that the receipt of the Director of such Society shall be a full discharge of my Executor for said legacy.

Of Land and Houses
(To be accurately described)

I devise and bequeath to the Adelaide Hospital Society in Dublin, for its use all my estate and interest in the land of _______________ in the County or City of, _____________________ (or in all the houses and premises known as Nos. _______________ and the rents and profits thereof, with all rents due to me thereout at my death).

All charitable bequests are free of legacy duty. Devises of land or houses, to take effect, must be made by will executed three months prior to the testator's decease. No will is valid that is not executed in the presence of two witnesses, all signing in the presence of each other.

The Adelaide Hospital Society, Adelaide and Meath Hospital, Tallaght, Dublin 24.
Tel: (01) 414 2071

Donations to the Adelaide Hospital Society in lieu of flowers are gratefully accepted.

During last year this was done and greatly appreciated. All donations received as a result have been individually acknowledged, but the Board wishes to record its grateful thanks both to the relatives and the donors in question.