Scholarship Winner 2010
The Hannah McDowall Scholarship
Ms Sinead Hegarty

Cover Photograph
John C. Murphy

Balloon Release in aid of Palliative Care
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Chairman’s Report

It is both an honour and a pleasure to be making my first report as Chairperson of the Society, having taken over from Dr David Moore in June 2010. I would like to pay tribute to David for the excellent and wise leadership he provided as Chair over six years, often in challenging circumstances. On behalf of the Governors and Members of the Society I express our sincere thanks to him for his commitment and dedication to the Adelaide. Happily, David remains as a Governor and Board Member and his expertise and advice continues to be available to us. I also take this opportunity to welcome Triona Murphy as the new Honorary Secretary of the Society. Triona is a Staff Nurse in the Hospital, Chair of the Tallaght Hospital Action Group and has been a Governor and Board Member of the Society for a number of years.

Now let me give some background information about myself. I am an Adelaide Hospital trained nurse and after qualifying in 1989 I worked in Peter Street as a Staff Nurse for a period before leaving to train as a Midwife. I then spent a number of years working in various settings in Northern Ireland before returning to Dublin, and now work in the Nursing Practice Development Unit of Beaumont Hospital. Throughout my career I have carried the values of patient-centred care and a commitment to excellence which were instilled in me, by Miss Mansfield and others, during my time in the Adelaide. It is a great honour to serve as Chairperson of The Adelaide Hospital Society and as Chairperson it is my intention to continue to promote these values and to uphold this Society’s commitment to advocate for a just and equitable healthcare system which treats each patient according to medical need and not on an ability to pay.

2010 was a challenging year for the Hospital which saw much adverse publicity and the publication of the Hayes Enquiry Report. The Report made a number of recommendations which the Hospital has acted upon and significant reforms have been made. We commend Mr John O’Connell, Acting Chief Executive Officer of the Hospital, for his tireless efforts and effective leadership during the course of a difficult and challenging year.

As I write the outcome of plans for the new National Paediatric Hospital is uncertain. The new Minister for Health, Mr James Reilly TD, has promised a review of the project and we await the result of the review with interest as it will have significant implications for the National Children’s Hospital and indeed for children and their families all over the country. The Society continues to support the development of the new National Paediatric Hospital on the AMNCH campus, where there is ample space. This would result in a hospital convenient to the M50, Bus and Luas, co-located with an adult public teaching hospital and the Coombe Women’s Hospital. Surely the optimum solution for sick children and their families.

Elsewhere in this Annual Report you will read about the work of the Adelaide Health Policy Initiative and the groundbreaking research commissioned in relation...
to universal health insurance. It is heartening to see that the new Government has a universal health insurance system as part of their Programme for Government. The extensive, evidence-based research commissioned by the Society has borne fruit and it is earnestly hoped will help to bring about an end to the ‘two tier’ health system and the introduction of a system in which the people of Ireland can have confidence and pride. You can access the research documents on our website www.adelaide.ie or call the Society office for a copy (01-4142069).

Our support for nursing remains at the forefront of our work and in 2010 we awarded grants and bursaries to assist our nurses and student nurses in their education and professional development. We continued in 2010 to support Hospital projects and grants were made to the Cardiac Risk in Young Persons Unit and to support the Arts Programme, Outpatients Department and Clinical Placement Department.

There are challenges for the Hospital and the Society in the future. The economic climate has taken a heavy toll on the Hospital’s budget which has been reduced year by year. Management and staff continue to bear the brunt of providing clinical excellence and care to patients and their families in a climate of reducing finances and other resources, including frontline staff. However, the good news is that the management of the Hospital are formulating an exciting strategic plan which will see the Hospital take its rightful place as a flagship healthcare institution providing care of the highest possible standard and engaging actively with the local community.

The Society is also currently engaging in a strategic development process and considering how we can best pursue our mission and fulfil our objectives into the future. We will keep you, our members and supporters, informed as we progress.

I trust you will find this year’s Annual Report interesting and informative. We are always pleased to hear from you on any issues relating to the Society so do please contact us by letter, phone or email. We value your input and I thank you most sincerely for your continued support.

Gillian Rufli
Chairperson, The Adelaide Hospital Society
Chief Executive’s Report

In 2010 we continued to raise funds for the Palliative Care Unit in the Hospital and the main event of the year was the sponsored Balloon Release in May. 1000 environmentally friendly and biodegradable blue balloons were released over the Hospital on Saturday, 29th May. Approximately €10,000 was raised for Palliative Care’s Complementary Therapy Service, which was a wonderful result. Our thanks to Triona Murphy who organised the event and all who sponsored balloons and helped to make the event such a success.

The Palliative Care Unit continues to be the focus of our fundraising efforts and we look forward to keeping our members and supporters informed of any upcoming events.

The Adelaide School of Nursing

In 2010 the Society continued its key role in admitting nursing students to the Adelaide School of Nursing. The Society held interviews for over 150 applicants and, through the Central Applications Office (CAO), admitted 34 students. Of these, 6 received student nurse bursaries from the Society and 17 continuing student nurses also received bursaries. The total expended by the Society on student bursaries in 2010 was €47,625. These bursaries are crucial in enabling students to take their nursing degrees at Trinity College, Dublin and receive their clinical training at The Adelaide and Meath Hospital. We are very pleased at the high quality of entrant to the Adelaide School of Nursing.

Scholarship

The Hannah McDowall Scholarship was awarded to student nurse Sinead Hegarty for her distinguished performance in her first year TCD examinations.

The Bursary and Scholarship Programmes enable us to support and encourage our student nurses and nurses on the staff of the Hospital and the call on our funds continues to grow each year. These grants and bursaries are particularly important in these difficult economic times.

New Initiatives Scheme

The Society awarded the following grants to Hospital Departments in 2010 to a total of €11,320:

- **Software to collect and collate data**
- **Clinical Placement Coordinators**
- **Improving Environment of Adult OPD**
- **Outpatients Department**
- **Pilot Arts Project for Patients with Dementia and their Carers**
- **Arts Office**
The TEAMS ICT System, which was supported by a New Initiatives Grant in 2009, was a winner in March 2011 of an Irish Times Innovation Award in the Public Service Innovation category. The TEAMS System is a unique discharge communication system that enhances the patient experience of movement between hospital and GP/community, through the transfer of clinical information via integrated technologies, resulting in improved patient safety and the streamlining of administration. Many congratulations to Kerry Ryder and all involved in developing and utilising the system.

The Voluntary Services Development Committee, which oversees the New Initiatives Scheme, made a decision in 2010 to set up the Community Healthcare Initiative Scheme (CHIS). From 2011 this Scheme will be open to not-for-profit local community healthcare groups who can apply for seed grants to pursue new and developmental initiatives which will benefit healthcare in the community. CHIS will also help in establishing links between the Society, Hospital and the local community.

I take this opportunity to thank our members and supporters for encouragement and support in 2010; without it the Society could not achieve our goal of advancing healthcare.

If you have any suggestions or comments please do get in touch; we are always glad to hear from you.

With every good wish.

Roisin Whiting
A ‘PECULIAR’ TIME

Almost every time I look for a book on the shelves in our office the title of David Mitchell’s history of the Adelaide Hospital A ‘Peculiar’ Place strikes me. It is a wonderful record of an institution and the heroic people who worked there down the ages. We are living in a ‘peculiar’ time. The institutions of this State are fast changing. This is especially true of politics but also true of Church and Society. As chaplains of the pastoral care team we are experiencing an ever increasing need for our services throughout the hospital. We meet patients who are experiencing ‘distress’ trying to manage from day to day and sickness brings a whole new level of anxiety.

What always struck me as a child and teenager visiting the Adelaide Hospital was the good old fashioned values of hospitality and care. As a visitor you were made feel welcome. How much more was the experience of patients. Over a decade since the Adelaide closed I still meet patients who speak with great affection for the Hospital. More than ever we need to rediscover these values and see our world with the eyes of hospitality and care. In a peculiar time we have to make a huge effort to do the smiling, offer the handshakes and create a welcome that offers real support. Hospitality and care is an energy we can give to one another to encourage and create positivity within our hospital. Hospitality is in every culture, religion and in the heart of every human being. Hospitality is
a welcoming openness to all; to the familiar and the mystery of self, people, ideas, experiences, nature and to God. The words of St. Paul to the Romans (Chapter 12) come to mind ‘if you have hope, this will make you cheerful. Do not give up if trials come; and keep on praying. If any of the people are in need, share with them; and you should make hospitality your special care’.

PASTORAL CARE GARDEN

For many years the garden space outside the Contemplation Room and the Hospital Chapel has been an empty space with patches of grass. The contemplation room is used by bereaved families following the death of a child. Over the years the families have said that it would have been nice to look out at a garden. A group was formed and the experiences of the families were shared with a Landscape Architect appointed by the Hospice Friendly Hospital project that A.M.N.C.H. is part of. One family spoke about the song Somewhere Over The Rainbow being played while they waked their child and this idea has been taken into the garden design. The design will feature a colourful rainbow of shrubs that will provide colour throughout the year. Work on the garden will begin in March and in time we will have a colourful garden to look at and be enjoyed by all who visit the Chapel and those using the contemplation room.

New Chaplain

Congratulations to Kathleen Graham who has been a member of the pastoral care team for the past eleven years. Kathleen has been undertaking studies in Theology and in Clinical Pastoral Education and has recently been certified in Healthcare Chaplaincy. Kathleen now works as a Chaplain along with her work in the pastoral care office.

John Kelly
Pastoral Care

GIFTS IN MEMORIUM

Donations in memory of the following were received in 2010:

Mrs Alice Reid    Mr & Mrs Fanny & Wally Winn
Mr O’Donovan     Mrs Polly Kidd
Mr Joe Lawlor     Mrs Patti Pope
Ms Amy Boylan
AGM 2011
26th May 2010
The Adelaide Hospital Society

The Society, as a voluntary charitable organisation, supports The Adelaide & Meath Hospital, Dublin, Incorporating the National Children’s Hospital, evoking public support throughout Ireland for this public voluntary teaching hospital, which provides the highest quality of healthcare especially for the poor of every denomination and which fosters an inclusive approach to medical practice, treating each patient as they would wish. The Society provides a means for participation for members of the Protestant Churches in the Irish health services and welcomes support from all who value the voluntary tradition of the Society’s commitment to healthcare since 1839.

The Adelaide Hospital Society is incorporated as a limited liability company (No. 224404) and is a recognised charity (Charity No: 11153), with its registered office at The Adelaide & Meath Hospital, Tallaght, Dublin 24. The Society is composed of Life and Annual Governors and of Members and is managed by a Board appointed from amongst the Governors. The Governors are appointed from the membership of the Society, which is open to all who wish to support the work of the Society. Members pay an annual subscription to the Society.
For many years the Adelaide Hospital Society has advocated a universal, single-tier health service. It initiated a ground-breaking series of independent research reports to examine the introduction of social health insurance as a means of achieving such a fair health service and it also produced a number of health policy documents to outline a ‘road-map’ to implement radical changes to our currently dysfunctional health system.

Under the Adelaide Health Policy Initiative, in conjunction with the Department of Public Health & Primary Care, Trinity College, Dublin, the Society has seen the investment in health policy pay rich dividends: the new Government For National Recovery 2011-2016 – the programme approved by the Oireachtas after the General Election in February, 2011, commits the Government to developing a universal single-tier health service, which guarantees access to medical care based on need, not income. This is to be achieved by reforming how we pay for healthcare through universal health insurance. This is the first time an Irish Government has made such a clear commitment to use a financing system designed according to the European principle of social solidarity: access will be according to need and payment will be according to ability to pay. The Adelaide Hospital Society is widely recognised as having played the decisive role through its developing over a number of years evidence-based policies in this regard and having the courage to advocate radical solutions; we worked closely with political parties to help them understand what challenges need to be overcome and to offer solutions to fit the Irish context. The latest of four commissioned Reports by the Society has just been completed which is a review of stakeholders views and values concerning the introduction of social health insurance in Ireland. It will be most valuable in navigating how best to implement financing reform. We thank the authors Dr. Steve Thomas and Dr. Mary O’Riordan.

Dr Fergus O’Ferrall, Dr Zeke Emanuel, Prof Ian Graham at the Adelaide Health Conference
The public argument was won, the mandate has been given by the Irish people – now the Government must begin the implementation process in difficult fiscal circumstances. The Adelaide Hospital Society, supported by two Adelaide Lecturers in Trinity College and a senior Advisory Board on Health Policy, is well-placed to continue this significant role as an independent advocate for equitable services for all citizens based upon need. The Society welcomes in particular the Government’s commitment to universal primary care within its term of office whereby fees for GP care will be removed. The development of a fully functioning primary care service is key to an effective health service. We welcome the commitment to a “money follows the patient” system for hospitals. Our Hospital in Tallaght, for example, has not had a ‘level playing’ pitch in respect of the arbitrary and historical annual allocations to date – yet it cares for more patients than many of its counterparts which receive better resourcing of staff and equipment. Let us be paid for the care we provide!

The Adelaide Health Policy Initiative in the past year has focussed upon policy in a number of key areas: we were instrumental in setting up an Expert Group with TASC – the progressive think-tank – on health inequalities and the wider dimensions of health policy regarding population health. Chaired by Professor Joe Barry, Head of the Department of Public Health & Primary Care, The Expert Group has enabled TASC to launch the first coherent Irish health policy document to tackle health inequalities and the social determinants of health in the post-economic collapse context. We will be continuing this approach of seeking to build ‘platforms for change’ with as wide a range of actors and advocates as possible.

Other work of a fundamental and long-term nature has been commenced in respect to public and patient involvement in health care. Best practice now sees this as crucial in respect of the governance and design of health services as well in the quality dimension of the delivery of health services. We welcome the establishment of the new Patients Forum in Tallaght Hospital and Dr. Fergus O’Ferrall, Adelaide Lecturer in Health Policy, is a member of the Forum which represents public and patient interests from the very extensive catchment area of the Hospital. Over the coming years it will make a fundamental contribution to the success of the Hospital and hopefully set a headline for others to follow. We also welcome the commitment in the Government Programme to ensure that hospitals will be managed in the future by independent, not-for-profit trusts with managers accountable to their boards. The Adelaide Hospital Society has maintained courageously an at times lonely witness to the value of independent voluntary boards and we are pleased that our stance is now vindicated in official policy after long negative years when the concept appeared to be undermined by those who ought to have known better. Let us hope that the Charter framework of Tallaght Hospital will now get the support it deserves and that such frameworks will develop for all our hospitals.
The Adelaide Health Policy Initiative has explored the ‘integrated health care’ approach – it means the right care delivered in the right place- and we have offered to support the Hospital in developing this approach in its catchment area. This is now Government policy as well as HSE policy and the Government is to establish an Integrated Care Agency under the aegis of the Minister for Health to develop it. Tallaght can become a leader in this regard which will mean radical changes in meeting the needs of those with chronic diseases to improve care and quality of people’s lives. We had a presentation on the significant work of the Institute of Public Health at our Health Policy Advisory Board in March 2011 as part of reflecting on the huge challenges ‘integrated care’ will bring for providers in the coming decade.

During the past year Dr. Claire Finn has been appointed Adelaide Lecturer in Health Services Research to replace Dr. Conor Teljeur. Dr. Finn will take up her post next September. We thank the members of our Advisory Board on Health Policy:

**Chair:**

Prof I Graham

Dr D. Moore    Prof J. Barry
Mrs R. French  Mrs M. Jackson
Mr R. Greene   Ms T. Murphy
Dr L. Sisson   Ms A. Lee
Ms E. Waters   Prof R. Leyte
Dr D. De La Harpe    Dr R. Barrington
Ms M.A.Wren    Dr D. O’Reilly
Prof C. Normand Ms M. Burns
Ms C MacDaid    Dr L. Hamilton
Dr F O’Ferrall

The Adelaide Health Policy Initiative has assisted the Adelaide Hospital Society to remain at the forefront of evidenced-based health policy and as respected advocates for necessary reforms based upon the cherished values of quality care long associated with the Adelaide name.

**Dr Fergus O’Ferrall**

*Adelaide Lecturer in Health Policy*
The Adelaide Hospital Society Archives

at Trinity College Library Dublin

A Dubliner’s account of fighting in World War I. A letter to Nobel Laureate Samuel Beckett asking for a donation. Correspondence about the best way to treat a chimpanzee. These are just some of the unexpected treasures to be found in the Adelaide Hospital Society Archives, housed and currently being catalogued in Trinity College Library Dublin.

Organisational records can be seen as dreary in comparison to other archives, whether personal papers which promise an insight into individuals’ private lives, or records such as baptismal registers and census returns prized for their genealogical data. The archives of an institution like the Adelaide Hospital – legal documents, minute books, files, ledgers, registers, plans and surveys – document its day-to-day running with a level of detail that can be overwhelming to the outsider. But institutions are made up of people and, in many cases (as with the Adelaide) exist to provide help to people, and so much human interest can be gleaned from a seemingly impersonal source.

For future historians, the most valuable collection in the Archive may be the Lady Almoner’s case files. The Lady Almoner was an early type of social worker; the first Almoner was appointed in 1919 to help with the ‘social problems’ of patients. Lady Almoners advised patients on treatment and medical insurance; paid home visits; arranged food, medical supplies and financial assistance; and liaised with outside agencies, in particular for the many patients suffering from tuberculosis in the first half of the 20th century. The files in this series contain documents relating to patients overseen by the Office, and can relate to individuals or a family. Included in the files are case notes, logs, correspondence and reports which go beyond mere medical description to describe in minute detail the social lives of a particular class in a particular area at a particular time in Dublin: the Protestant working-class of the Liberties in the middle of the 20th century. Tales of extreme poverty, illness, domestic violence, crime and social alienation mean this material can be distressing to read; others, such as letters from patients taken to sanatoria in France and Switzerland, are moving and uplifting. The soldier mentioned above was applying for financial assistance: he describes being

Darragh O’Donoghue
injured and taken prisoner of war in Germany during World War I. The Adelaide’s own service in the Great War is documented in the minute books of the period, the photographs of Adelaide staff who fought (such as Ernest C. Deane who died in 1915), and the memorial poster issued by the British Army Council to commemorate the Adelaide’s status as a war hospital between 1914 and 1919.

When Joy Blakeney, director of the Adelaide Hospital Fund-rais- ing Committee, contacted Samuel Beckett in the late 1970s, she was playing on his many personal associations with the hospital. It was, after all, where his parents first met; his mother was an Adelaide nurse and his father a patient, suffering from depression after the infamous Catholic businessman William Martin Murphy opposed Bill Beckett’s love for his daughter. Samuel Beckett’s Adelaide connections do not stop there: his grandfather and granduncle were master builders who worked on an extension to the hospital in 1870, while his uncle James was an Adelaide anaesthetist between 1926 and 1948 (a photograph in the archive shows him teaching students). Samuel himself is recorded as having donated £30 to that Adelaide fund. Other artistic figures connected with the hospital include Mary Swanzy, whose father Sir Henry Rosborough was an internationally renowned ophthalmic surgeon at the Adelaide 1870-1876 and 1879-1913, and whose 1906 portrait of him today hangs in the Education Centre at Tallaght Hospital; and the Belfast painter Gerard Dillon, who died at the Adelaide in 1971.

The ‘Adelaide Institution and Protestant Hospital’ opened as a voluntary hospital on 11 March 1839, at 43 (later renumbered 39) Bride Street, Dublin. Money difficulties and cramped conditions in Bride Street led to its closure in 1847; the Adelaide reopened at 24 and 25 Peter Street on 18 October 1858 after a financial appeal to the Protestant gentry. The management and day-to-day running of the hospital in all its aspects is well covered in the archive, from its foundation to the transfer to Tallaght Hospital in 1998.
Records include minute books, attendance books and correspondence files of the Board of Management (previously the General Committee and the Managing Committee); hard-hitting report books compiled by the governors charged with periodically inspecting the hospital; papers of the House and Finance Committee, especially those of the House Governor (previously Registrar), the overall manager of the hospital; wages books for doctors, nurses and non-medical staff, including ‘servants’; and often controversial material relating to the amalgamation of the Adelaide with the Meath and National Children’s Hospitals, starting from the 1970s and continuing with the fall-out from the 1998 Deloitte and Touche report into financial problems at Tallaght (under the watch of then Minister for Health, Brian Cowen).

Charitable and fund-raising initiatives are well-documented, in particular the Linen Guild (set up in 1905 as the Help Guild by doctors’ wives and their society friends to provide linen for the hospital) and the annual Pound Day (donations of goods [‘pounds’] such as sugar, soap, tea and butter, as well as cash, used to fund services and equipment). Most enchanting are two scrapbooks of newspaper cuttings and photographs illustrating aristocrat Seymour Leslie’s notoriously wasteful fund-raising events in the 1950s, such as costume balls (Georgian, Victorian; ‘Gay Paris’; Venetian masked), fairs, a ‘Siamese cat show’, and concerts featuring the US Air Force Band, Arthur Rubinstein and Andres Segovia, among others. A huge collection of memorial, endowed and benefit plaques (originally placed on beds, in wards and around the hospital) testify to a tradition of generosity, that of groups – such as the Stradbally, Leix (Laois) Unionist Defence Fund and the Dublin Battalion Girls’ Brigade – and individuals.

More idiosyncratic artefacts help to bring daunting volumes to life, including a placard with prayers for use at Adelaide board and committee meetings; a ‘Church attendance’ book to be signed by all members of staff until the mid-1970s; and letters of complaint from the longest serving House Governor, H.M. Grantham (1937-1971) to the Sunday review for printing a photograph of an Adelaide nurse to illustrate a general article about the poor working conditions of student nurses. Correspondence in 1960 between Sheila Kenny, Adelaide anaesthetist, and Oliver Graham-Jones, veterinary officer at London Zoo, discuss experimental treatment performed on Charlotte, a chimpanzee in Dublin. Cassettes (recording staff interviews, lectures and graduation ceremonies) and hundreds of photographs document Adelaide life (pedagogic, professional and social) from alternative angles.

Darragh O'Donoghue is assistant librarian (Adelaide Hospital Archives) Trinity College library, Dublin
The Adelaide was a teaching hospital from 1858, and the School of Nursing opened in 1859. Both aspects of education are well represented in the archive, from student registers and fee books, examination results and a volume listing medical instruments lent to students, to student cards, certificates, and a past pupil’s illustrated lecture notes. Again, these formal lists cannot obscure the humanity they represent; columns of ‘observations’ in registers bring students, in particular errant ones, to life; volumes of student nurse ‘biographies’ can be detailed and revealing. In other volumes, we see two student nurses in the 1960s being disciplined for entertaining male doctors in their rooms.

Of course, all this activity would be meaningless were it not for the patients, and their experience over 150 years is amply recorded in the form of registers, doctors’ and surgeons’ case files, and death certificate counterfoils and post-mortem reports, volumes still smelling strongly (and, from an archivist’s point of view, rather sickeningly!) of the hospital ward. Some of the more gruesome implements used on these poor people also survive, a medical chamber of horrors: syringes, needles, probes, knives, sick feeders, a bladder evacuator, a pelvimeter (used in obstetrics for ‘measuring’) and a homeopathic drug case.

At the time of writing the project to catalogue the Adelaide Hospital Society archives is entering its final, numbering phase. Archives not subject to privacy restrictions will be made available after the close of the project in August 2011.
On 14th April 2010 the Adelaide Hospital Society held a major health conference in the Davenport Hotel, Dublin. The title of the conference was *Financing Universal Healthcare in Ireland* and delegates were addressed by Dr. Ezekiel Emanuel, Special Adviser on Health Policy, The White House, USA and by Irish political leaders including Mr. Enda Kenny, TD, Mr. Eamon Gilmore TD, Ms Mary Harney, Minister for Health and Children at the time and Mr Caoimhghin O’Caolain TD., with expert contributions from Professor Frances Ruane, Director ESRI, Professor Charles Normand, TCD and Dr. Stephen Thomas, TCD.

The Conference also featured the launch of the landmark report Effective Foundations for the Financing and Organisation of Social Health Insurance in Ireland authored by Dr Steve Thomas, Dr Padhraig Ryan, Prof Charles Normand, Centre for Health Policy & Management, TCD. In addition the Society launched a Policy Paper Universal Health Insurance: the Way Forward which sets out a new ‘road map’ showing a clear direction towards achieving equal access to quality healthcare for all Irish citizens.

*Copies of both documents are available at www.adelaide.ie or from the Society office.*

“We are now at a crucial turning point in regard to the Irish health system, given the crisis in our public finances innovative approaches to the utilisation of resources that are both transparent and fair to all are needed.” Prof Ian Graham speaking at the Adelaide Health Conference 2010.
The Hospital Arts Office

Report From The National Centre For Arts And Health

The National Centre for Arts and Health exists to improve patient care and to promote the benefits of the arts in health. Situated in the Hospital, the Centre aims to improve the hospital experience for patients, to explore the therapeutic potential of the arts, to build positive links with the local community and to make the arts accessible to patients who cannot access traditional arts venues. The current arts programme includes exhibitions, live performances, creative writing classes, arts therapies, design projects and participatory art sessions on wards and in waiting rooms. The art programme is free for everyone attending the Hospital and all art programmes are tailored to the needs of individual patients and clinical departments.

This report highlights new developments and achievements during 2010. For a full Arts Annual Report 2010 please contact hilary.moss@amnch.ie or call 01 414 2076

Pastoral Care Art Initiative

A new art programme was piloted in 2010. An open art group was offered in the Pastoral Care Department for patients and visitors from across the whole hospital. The group was called Making Time. This was collaboration between three departments – the Art Therapy Department in Psychiatry, the Pastoral Care Department and the National Centre for Arts and Health. (Contact National Centre for Arts and Health for full report on this group).

Art in the National Children’s Hospital

This year has been a time of exciting arts development in the National Children’s Hospital. In April we appointed Ms Aimee O’Neill as Artist in Residence. This was a significant development, made possible by the generous support of the National Children’s Hospital Appeal. Art sessions are now offered every week in the A&E waiting room, OPD waiting areas and to inpatients. Aimee is assisted by professional artists who generously volunteer their time to work in the National Children’s Hospital - currently Emer McKeever, Catherine Foley, Aileen Curtin and Leaann Sheehy.

In November 2010 the hospital presented an exhibition of work by children in the hospital called Imaginings... This exhibition celebrates the work of children and teenagers from Oak, Beech and Maple wards at the National Children’s Hospital. Children were given freedom to explore their creativity, which is central to the healing nature of art making. The question asked of each participant was simple... “What makes you special?”... What unfolded is a collection of vibrant fantasies and dreams, visual stories, reflections and interests. Each painting celebrates the unique qualities and individuality of its creator.
Imagination is the best tool children have to overcome the fears, anxieties and sometimes boredom associated with a hospital stay.

These images were created in collaboration with artist Aimee O’Neill as part of a year long artist’s residency in the National Children's Hospital. The project was strongly supported by the Hospital’s Play Department. Again, this project has only been a success due to the strong team work and support given by staff in the National Children’s Hospital, in particular Marian Connolly, Eoin Power, Charlotte O'Dwyer, Louise Lambert, Catherine Garland and Ann Roe.

Composer in Residence in Stroke Service - Ian Wilson

The Hospital hosted an exciting new residency funded by the Arts Council during 2010. Renowned composer Ian Wilson was in residence for three months. He composed a new work for string quartet and soprano, based on the experiences of patients with stroke and the healthcare workers who treat them. The Irish Chamber Orchestra also returned to the hospital following a successful residency in 2006. Members of the orchestra conducted open rehearsals of the work in development, along with soprano Deirdre Moynihan, and patients were involved in shaping the work with the composer. A final performance of the work was given in the Hospital on Wednesday November 24th at 11am and we plan to hold a public performance in early 2011. This was extremely positively received by patients, staff and members of the public and was both a moving and impressive new work.

This project was collaboration between the National Centre for Arts and Health at the Hospital, the Stroke Service (Director, Dr Ronan Collins), the Irish Chamber Orchestra and composer Ian Wilson. It built on significant work at the Hospital in terms of arts and health. One of the aims of project was a better understanding of the narrative of what happens to patients with stroke.

This project is a national innovation and there are hopes to tour the final work to international audiences. As a musical initiative in stroke, the project represents an ongoing commitment of the stroke service and arts office at AMNCH to create a contemporary narrative library of the whole experience of stroke through different artistic media. (Contact National Centre for Independent Evaluation report by Ms Nicola Dunne).
Traditional Music at the Hospital

The Arts Council DEIS funding allowed a further development of our long standing traditional music programme at the Hospital. Fleadh an Ospideal 2010 was a series of traditional music sessions and workshops featuring Mairead O’Donnell as musician in residence. She developed a new model of working this year, taking her performances into bay areas of the ward and to the bedside. This work requires a new sensitivity and flexibility from the performers and an evaluation was carried out of this work.

“Music seems to be a common denominator between performer and patient and they can possibly escape from the normal for an hour and have interaction with people who are not there to look after or assess them”

“As a musician, I have re-discovered the transformative power of music. Working at the Hospital allows me to connect with people in a real way, through my music and song. I sometimes end up hearing great songs from other folk and have also accompanied original pieces. To perform at a hospital is a special privilege which I value greatly.”

Mairead O’Donnell,
Dementia Project

A new project began in late 2010 for patients with dementia and their family Carers. The Adelaide Hospital Society kindly funded this project through the New Initiatives Scheme. Patients from the Charlie O’Toole Day Hospital are participating in a weekly art group and work with family Carers will begin in early 2011. The final results of both parts of the project will be exhibited in an exhibition later in 2011. The intention of this project is to create a greater awareness around the subject of dementia by producing a body of work that will give an understanding of their own story and the challenges the disease imposes for them. The aims of this project are:

1. To offer patients with dementia an art group while in hospital.
2. To explore and learn more about dementia and it’s emotional and social impact on patients and carers using an artistic medium.
3. Use artistic interpretation as a tool for learning and understanding about dementia with medical staff, patients and carers.
4. To hold a public exhibition of the work by the patients and carers, to broaden the wider public’s knowledge of dementia and its impact on patients and carers.
5. To contribute to the debate on how to de-stigmatise dementia and the social isolation it brings for patients and carers.
6. To help inform the general public that the identification and diagnoses of dementia at an earlier stage can help patients and carers get the medical and emotional support they need.

The Moving On Print Making Art Group and the Creative Writing Group

These two new art groups were held at Rua Red Art Centre. Both groups were held for eight weeks from September – November 2010 and classes were free. The groups were aimed at patients who were recovering or coping with a long term illness. The aims of the groups were to provide a supportive ‘bridge’ from art groups in the hospital to attendance at ‘regular’ art groups in the community. These classes’ main aims were to assist people to gain confidence in art making, find a new interest and facilitate them to join art groups in the community on
completion. These groups built on our experience of providing out patient art groups to patients from the Rheumatology and Cardiac Rehabilitation Programmes. Patients who had attended this sort of group before told us that they learned new skills, met people in a similar situation to themselves, gained confidence and that the art helped them relax. The groups were thus targeted especially to people living with a long term illness and people who have had to cope with major life changes due to their illness.

The print making group was collaboration between the National Centre for Arts and Health, the National Gallery of Ireland and Rua Red Arts Centre. The group was part of the National Gallery’s outreach programme and represents a new departure for the hospital arts programme. The group concentrated on the art of printmaking and cards. No previous experience or skills were required. The tools were adapted according to individual needs and the artist provided full assistance throughout the creative process.

Print making session – “Moving on” group held in Rua Red Arts Centre

“The group helped my health and wellbeing by reducing stress levels and creating time for me, forgetting my pain and getting me out of the house. I learnt a new skill and stimulated a latent art interest. It was Very relaxing time out for myself”. (A patient, participating in print making group).

“A good art education project allows each person involved not only to be active in working towards some kind of common purpose, but to have his or her personal creative faculty stretched. That is when the shift takes place and participants gain (or regain) confidence, self esteem and motivation to go beyond what was once called limit”.

Art Exhibitions

A major art exhibition Art and Health was held in November 2010 featuring work by patients/artists from the Renal Dialysis Unit, Oncology Day Ward, Age Related Health Care Unit, Psychiatry Unit, National Children’s Hospital and Ruttle Ward.

This exhibition celebrated the achievements of this new group of artists who have overcome substantial barriers to create excellent new art work. We hoped that this exhibition would encourage a positive image of people with serious health issues and to focus on ability rather than disability as well as the important role of art in health and well-being. The whole team of professional artists working in the hospital facilitated this event and Jessica Conway and Lucia Barnes curated the exhibition. We are extremely grateful to all at Rua Red for their support of our work, especially Carolyn Jones.
Research And Education

This year saw the start of a PhD in Arts and Health at AMNCH/Trinity College, Dublin. This is a major step for the National Centre for Arts and Health. Hilary Moss will be investigating the role of arts in hospital and specifically the concept of aesthetic deprivation. The research is supervised by Professor Desmond O’Neill in the School of Medicine at Trinity College Dublin. The Meath Foundation is kindly sponsoring this research which is a major step in arts and health research in Ireland.

We have also developed a course at NUI Maynooth, which began in February 2011. The Postgraduate Certificate in Arts in Healthcare Settings is the first accredited course in Arts and Health in Ireland. The course aims to provide students with an understanding of the key theories that inform teaching and learning in adulthood; to provide them with the knowledge and skills to work creatively with groups; to give them the capacity to critically reflect on their practice in the field of arts and health and to give them an understanding of what ‘arts and health’ is and the role of the arts in healthcare, both theoretical and practical.

A new module on Arts and Health will also be delivered in early 2011 for undergraduate medical students. This is part of the new medical humanities component on the undergraduate medical degree course.

This year we also held a very successful therapeutic writing course for staff members lead by Mr Padriag O’Morain and we organised a staff tour of Rua Red. We also held a lecture from the National Gallery in the Hospital and contributed to a staff day to celebrate the 12th birthday of the hospital, organised by the Pastoral Care Dept and Volunteer Services. We established a staff interest group which will advise and support the Centre in 2011. We also organised an Arts Festival Day on 9th June for patients, visitors and staff, with Castillian music, Uileann pipers and a puppet show all provided by Alternative Entertainments Ltd.

Acknowledgements

We wish to acknowledge the following organisations that have funded and supported our programme in 2010 – The Volunteer Coffee Shop, The Adelaide Hospital Society, The Meath Foundation, The National Children’s Hospital Appeal, Punchestown Kidney Research Fund, The Arts Council, The Oncology Day Ward Fund, South Dublin County Council and The Irish Motor Neurone Disease Association

Hilary Moss
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Wye, Dr, Edna La Couse
Yates, Mr & Mrs, T & H
Yates, Ms, Freda
Young, Ms, Mary
Young, Ms, Rosemary
<table>
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<tr>
<th>Region</th>
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<tr>
<td>Antrim</td>
<td>St Patrick’s Church, Jordanstown, Castlerock/Granemore/Clonmel Union of Parishes, Dunlewey Parish, Bagenalstown, St Columba’s Parish, St Mary’s Church, Rathvilly, St Michael’s Church, Aghold Cavan, Castlepollard and Oldcastle Union of Parishes, Kildallan Church of Ireland Parish, Kildrumferton Parish Church, Tomregan Parish Church</td>
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<tr>
<td>Armagh</td>
<td>Derrlaghy Parish, Derriaghy Parish, Carlow, Cloydagh Parish, Dunleckney Parish, Bagenelstown, St Columba’s Parish, St Mary’s Church, Rathvilly, St Michael’s Church, Aghold Cavan, Castlepollard and Oldcastle Union of Parishes, Kildallan Church of Ireland Parish, Kildrumferton Parish Church, Tomregan Parish Church</td>
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<td>Cork</td>
<td>Buttanshaw, Ms, Margaret, Donegal, Convoy Parish Church, Donegal Parish Church, Donegal Presbyterian Church, Laghey Parish Church, Parish of Stranorlar &amp; Meenglass, St Johnstone Presbyterian Church, Wilson, Mrs, Margaret</td>
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<tr>
<td>Down</td>
<td>St Matthew’s Parish Church, Broomhedge, St Paul’s Church, Glenageary, St Thomas’ Church, Mt Merrion, Teggin, Rev &amp; Mrs, Jack &amp; Muriel, The Girls’ Brigade, The Presbyterian Church, York Road, Thornton, Ms, Gretchen, Tilman Asset Management Ltd, Vincent, Mr &amp; Mrs, Berkley, Ward, Ms, Siobhann, Winchester, Mr &amp; Mrs, Alan &amp; Joan, Zion Parish Church</td>
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<td>Dublin</td>
<td>Anderson, Mr &amp; Mrs, Rolande &amp; Barbara Beauchamps, Solicitors, Brady, Mr &amp; Mrs, Dolores &amp; Patrick, Brooks, Mr, Trevor, Callaghan, Mr &amp; Mrs, W G &amp; Grace, Chambers, Rev &amp; Mrs, Christ Church with Mariners, Clarke, Mr, George, Clondalkin &amp; Rathcoole Parishes, Clontarf &amp; Scots Presbyterian Church</td>
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<td>Galway</td>
<td>Figgis, Mr, T.F.</td>
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<td>Macdougald, Dr. J.P., Stradbally Union of Parishes, Co Laois, Timolin Group of Parishes (Mothers Union Branch)</td>
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<td>Laois</td>
<td>Abbeyleix Union of Parishes, Rathdowney Parish Church</td>
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<td>Region</td>
<td>Towns/Parishes</td>
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<td>Leitrim</td>
<td>Ballinamore (Oughteragh) Group of Parishes</td>
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<td>Mayo</td>
<td>Mullafarry Presbyterian Church</td>
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<td>Meath</td>
<td>Dunboyne Union of Parishes, Kells Union of Parishes, Lowry, Mr &amp; Mrs, W.S.</td>
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<td>Monaghan</td>
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<td>Portarlington &amp; Monasterevan Union</td>
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<td>Sligo</td>
<td>Rosses Point Church of Ireland, Skreen Parish Church, St George’s Church, Tubercurry, Sweetnam, Mrs, Hazel</td>
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<td>Pomeroy District L.O.L No 5</td>
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<td>Waterford</td>
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<td>Wexford</td>
<td>Christ Church Gorey Parish, Enniscorthy/Monart Union, MacLachlan, Mr, J.B.</td>
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<tr>
<td>Wicklow</td>
<td>Baltinglass Group of Parishes, Killiskey Parish, Shillelagh Parish, St John Baptist Church, Baltinglass, St Mary’s Church of Ireland, St Peter’s Parish, Kiltegan, Vincent, Mr &amp; Mrs Berkley, Wicklow Parish Church</td>
</tr>
<tr>
<td>Other</td>
<td>Mueller, Mrs Caroline</td>
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### Board of Governors 2010

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Prof. I. Graham</td>
</tr>
<tr>
<td>Chairman</td>
<td>Ms G. Rufli</td>
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<tr>
<td>Hon Secretary</td>
<td>Ms T. Murphy</td>
</tr>
<tr>
<td>Hon Treasurer</td>
<td>Mr A. McCollum</td>
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### Members of the Board

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Prof J. Barry</td>
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<tr>
<td>Mrs S. Bewley</td>
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<td>Mrs J. Chambers</td>
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<td>Rev G.W. Ferguson</td>
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<td>Mr. S. Franck</td>
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<td>Mrs R. French</td>
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<td>Mr R. Greene</td>
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<td>Dr L. Hamilton</td>
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<td>Prof H. Hoey</td>
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### Membership of the Board

**The Adelaide & Meath Hospital, Dublin, Incorporating The National Children’s Hospital 2008-2011**

#### Chairperson:

Mr Lyndon MacCann

#### Members

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tr>
<td>Prof I. Graham</td>
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<td>Dr D. Moore</td>
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<td>Ms G. Rulli</td>
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<td>Dr J. Barragry</td>
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<td>Dr G. Hurley</td>
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<td>Prof D. Kelleher</td>
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Annual Governors

Barry, Prof Joe
Berman, Mr Philip
Bewley, Mrs Shirley
Boyle, Mrs Thea
Carroll, Mr Henry
Chambers, Mrs Judy
Cox, Mr David
Conlon, Prof Kevin
Franck, Mr Stephen
Greene, Mr Richard
Hamilton, Dr Lynda
Hendy, Cllr Rainsford
Henry, Dr Mary
Hoey, Prof Hilary
Ingram, Ms Shirley
Kay, Prof Elaine
Keane, Prof FBV
Kearon, Rev Kenneth
Kemp, Mr Peter
Knatchbull, Mr Michael
Lee, Ms Anna
Love, Ms Joan
MacDaid, Ms Catherine
McCollum, Mr Alan
McConnell, Mrs Janet
Mills, Prof Kingston
Moore, Dr David
Morrow, Ms Sharon
Mulcahy, Dr, David
Murphy, Ms Triona
O’Connor, Dr Gerard
Odlum, Mr Philip
O’Morain, Prof Colm
O’Ferrall, Dr Fergus
Pedlow, Mrs Sue
Pierpoint, Ven David
Prendiville, Prof Walter
Rufli, Ms Gillian
Seville, Miss Yvonne
Sisson, Dr Lynda
Taylor, Ms Noeleen
Vincent, Mr Arthur
Waters, Ms Elizabeth
Wilson, Mrs Marion

Life Governors

Beesley, Mr WH
Bell, Mr A
Bleakley, Mr GH
Burry, Mr RD
Cooke, Mrs J
Ferguson, Rev GW
Fitzpatrick, Mr D
French, Mrs R
Graham, Prof I
Hewat, Mr JRB
Hinds, Mr R
Jackson, Mrs M
Linney, The Ven GCS
McConnell, Prof D
Moss, Mr GP
Myerscough, Mr R
O’Higgins, Mr T
Pasley, Mrs J
Reid, Dr J
Ross, Mr J
Somerville-Large, Mrs B
Stringer, Mr WJ
Tomas, Dr, DE
Tomkin, Prof GH

President’s Committee

Chairperson: Prof I. Graham

Members

Mrs R. French
Mr M. Knatchbull
Mrs J. Chambers
Mr R. Greene
Prof D. McConnell
Prof E. Kay
Ven D. Pierpoint
Mrs M. Jackson
Mrs J. Pasley
Mr P. Kemp
Mr S. Franck
Ven G. Linck
Mr P. Odlum
Mrs M. Wilson
Ms C. MacDaid
Dr F. O’Ferrall
Dr D. Moore
Executive Board
Chairperson:
Ms G. Rufli

Members
Prof I. Graham
Ms T. Murphy
Mr A. McCollum
Mrs R. French
Ven G. Linney
Prof J. Barry
Dr F. O’Ferrall
Dr D. Moore
Prof K. Conlon

Board Of The Adelaide School Of Nursing
Chairperson:
Ms Y. Seville

Members
Mrs J. Pasley
Mrs R. French
Ms S. Morrow
Mrs M. Jackson
Ms S. Ingram
Ms N. Taylor
Dr C. McCabe
Ms T. Murphy

Finance & Investment Review Committee
Chairperson:
Mr. A. McCollum

Members
Mr P. Kemp
Mr M. Knatchbull
Mr S. Franck
Mr. P. Odlum

Adelaide Health Policy Advisory Board
Chairperson:
Prof I. Graham

Members
Dr D. Moore
Prof J. Barry
Mrs R. French
Mrs M. Jackson
Mr R. Greene
Ms T. Murphy
Dr L. Sisson
Ms A. Lee
Ms E. Waters
Prof R. Layte
Dr D. De La Harpe
Dr R. Barrington
Ms M.A. Wren
Dr D. O’Reilly
Prof C. Normand
Ms M. Burns
Ms C. MacDaid
Dr L. Hamilton
Dr F. O’Ferrall

Voluntary Services Development Committee
Chairperson:
Ms T. Murphy (Acting-chair)

Members
Mrs M. Jackson
Mr. S. Franck
Ms Y. Seville
Mrs S. Bewley
Mrs J. Chambers
Mrs M. Wilson
Ms A. Lee
Membership Application Form

Please return to: Roisin Whiting, Chief Executive, The Adelaide Hospital Society,
The Adelaide & Meath Hospital, Tallaght, Dublin 24.

I/We wish to join the Adelaide Hospital Society.
Use BLOCK CAPITALS please.

NAME: ____________________________________________
Rev/Dr/Mr/Mrs/Ms (please indicate)

ADDRESS: ____________________________________________
Tel: ____________________________________________  Email: _______________________________

Membership Subscription Rates

<table>
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<tr>
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<tr>
<td>Individual Membership</td>
<td>€40</td>
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<tr>
<td>Family Membership</td>
<td>€50</td>
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<tr>
<td>Clergy/Adelaide Nurses’ League</td>
<td>€25</td>
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<tr>
<td>Student/Unwaged</td>
<td>€10</td>
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<tr>
<td>Group/Parish Membership</td>
<td>€150</td>
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</tbody>
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OPTION A: 
I wish to pay by: (tick one box)

Cheque □  Postal Order □
(made payable to Adelaide Hospital Society)

Please enclose payment for Option A

OPTION B: 
I wish to pay by credit card: (tick one box)

Please complete the details as follows:

Amount to be paid € ____________   Card Expiry Date □□ □□

Card Number □□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□

OPTION C: 
Payment by Direct Debit. (for those who hold a bank account in the Republic of Ireland) Originator 301197

1. Please write the full postal address of your Bank here: (Block Capitals)
   To: Bank ____________________________________________
   Address ____________________________________________

2. Name of Account holder ____________________________________________

3. Account Number □□□□□□□□□□□□□□□□□□□□□□□□
   Bank Sort Code □□□□□□□□□□□□□□□□□□□□□□□□

4. Your instruction to the bank and signature
   • I instruct you to pay Direct Debits from my account at the request of The Adelaide Hospital Society
   • The amounts are variable and may be debited on various dates
   • I understand that The Adelaide Hospital Society may change the amount and dates only after giving me prior notice
   • I will inform the Bank in writing if I wish to cancel the instruction
   • I understand that if any Direct Debit is paid which breaks the terms of instruction, the Bank will make a refund.

Signature(s) ____________________________________________  Date _______________________________

Please return to: Roisin Whiting, Chief Executive, The Adelaide Hospital Society,
The Adelaide & Meath Hospital, Tallaght, Dublin 24.
Form of Bequest to the Adelaide Hospital Society of Personal Property

I bequeath to the Adelaide Hospital Society in Dublin, for its use*, the Sum of € ____________ to be paid out of my personal estate; and I declare that the receipt of the Director of such Society shall be a full discharge of my Executor for said legacy.

Of Land and Houses

(To be accurately described)

I devise and bequeath to the Adelaide Hospital Society in Dublin, for its use*, all my estate and interest in the land of _______________ in the County or City of, _____________________ (or in all the houses and premises known as Nos. _______________ and the rents and profits thereof, with all rents due to me thereout at my death).

*or if desired towards “The Nursing Development Fund”.

All charitable bequests are free of legacy duty. Devises of land or houses, to take effect, must be made by will executed three months prior to the testator's decease. No will is valid that is not executed in the presence of two witnesses, all signing in the presence of each other.

The Board will be grateful to any friends who will undertake to collect for the Society - Cards can be obtained from the director,

The Adelaide Hospital Society, Adelaide and Meath Hospital, Tallaght, Dublin 24.
Tel: (01) 414 2071

Donations to the Adelaide Hospital Society in lieu of flowers are gratefully accepted.

During last year this was done and greatly appreciated. All donations received as a result have been individually acknowledged, but the Board wishes to record its grateful thanks both to the relatives and the donors in question.
Scholarship Winner 2010

The Hannah McDowall Scholarship

Ms Sinead Hegarty

Cover Photograph
John C. Murphy

Balloon Release in aid of Palliative Care